

ANATOMY OF A TEA MOCKTAIL

Mocktails are becoming increasingly popular as they provide guests with a tantalizing choice that doesn't involve alcohol. But how do you craft the perfect mocktail at home? Start with a steeped tea concentrate as the astringency and bitterness of the concentrate can mimic the taste of alcohol. Here are some tips for creating your own variety - cheers!

Base

Steeped Tea Concentrate:

Peach

Mint.

Hibiscus Citrus Ginger

Pineapple Green Tea Black Tea

To make concentrate:

Place 6 tea bags in 1 cup of boiling water - let steep for 2 hours

Fruit | Vegetables

Citrus slices: lime, lemon, orange

Muddled fruit: cherries, raspberries, blackberries, kiwi Chopped firm fruit: apples, pears, grapes, pineapple Vegetables: cucumber, celery spears

Herbs | Flavor Boosters

Mint Rosemary Basil Sage

Ginger Pineapple spears Chili pepper Bitters

Bubbles

Sparkling water Kombucha. Flavored seltzer Non-alcoholic champagne Ginger beer

